

# Superkids Multisport

## 2018 Practice & Racing Calendar

Date	Description	Location
Sunday, May 13, 2018	4:00 - 5:30 PM Welcome to 2018 and running practice	Wilson Farm Park
Wednesday, May 16, 2018	5:30 PM Track Running Practice	Conestoga High School
Sunday, May 20, 2018	4:00 - 5:30 PM : Biking Skills at GVCC	Malvern, PA
Wednesday, May 23, 2018	5:30 PM Track Running Practice	Conestoga High School
Sunday, May 27, 2018	4:00 - 5:30 PM : Biking & Transition Practice at GVCC	Malvern, PA
Wednesday, May 30, 2018	5:30 PM Track Running Practice	Conestoga High School
Sunday, June 03, 2018	Pleasant Prairie Cup	Winsconsin
Sunday, June 03, 2018	4:00 - 5:30 PM : Running Agility with Coach Elle	Wilson Farm Park
Wednesday, June 06, 2018	5:30 PM Track Running Practice	Conestoga High School
Saturday, June 09, 2018	Jersey Genesis Triathlon and Duathlon	Port Republic, NJ
Sunday, June 10, 2018	School's Out Triathlon	Horsham, PA
Sunday, June 10, 2018	No practice for the Dev. and Comp. Groups	
Wednesday, June 13, 2018	5:30 PM Track Running Practice	Conestoga High School
Sunday, June 17, 2018	4:00 - 5:30 PM : Biking Skills at GVCC	
Wednesday, June 20, 2018	5:30 PM Track Running Practice	Conestoga High School
Saturday, June 23, 2018	Monroe Cup	Washington State
Sunday, June 24, 2018	Philadelphia Sprint Triathlon	Philadelphia, PA
Sunday, June 24, 2018	4:00 - 5:30 PM : Biking & Transition Practice at GVCC	
Wednesday, June 27, 2018	5:30 PM Track Running Practice	Conestoga High School
Saturday, June 30, 2018	IslandKids Triathlon	Avalon, NJ
Saturday, June 30, 2018	IslandMan Sprint Triathlon	Avalon, NJ
Sunday, July 01, 2018	KidzTri3 Mini Triathlon	West Deptford, NJ
Sunday, July 01, 2018	4:00 - 5:30 PM : Running Agility with Coach Elle	
Wednesday, July 04, 2018	5:30 PM Track Running Practice	Conestoga High School
Sunday, July 08, 2018	4:00 - 5:30 PM : Biking Skills at GVCC	
Wednesday, July 11, 2018	5:30 PM Track Running Practice	Conestoga High School
Sunday, July 15, 2018	Flatlands Cup	Iowa
Sunday, July 15, 2018	KidzTri3 Mini Triathlon	Glen Mills, PA
Sunday, July 15, 2018	4:00 - 5:30 PM : Running Agility with Coach Elle	
Wednesday, July 18, 2018	5:30 PM Track Running Practice	Conestoga High School
Saturday, July 21, 2018	New Jersey State Sprint Triathlon	West Windsor, NJ
Sunday, July 22, 2018	4:00 - 5:30 PM : Biking Skills at GVCC	
Wednesday, July 25, 2018	5:30 PM Track Running Practice	Conestoga High School
Sunday, July 29, 2018	4:00 - 5:30 PM : Biking & Transition Practice at GVCC	
Wednesday, August 01, 2018	5:30 PM Track Running Practice	Conestoga High School
Saturday, August 04, 2018	Y & J Elite Nationals	Ohio
Sunday, August 05, 2018	Youth Age Group Nationals	Ohio
Sunday, August 05, 2018	No regular Practice - team is at Nationals	
Wednesday, August 08, 2018	5:30 PM Track Running Practice	Conestoga High School
Sunday, August 12, 2018	4:00 - 5:30 PM : Running Agility with Coach Elle	
Wednesday, August 15, 2018	5:30 PM Track Running Practice	Conestoga High School

Sunday, August 19, 2018	KidzTri3 South Jersey Kids Triathlon	Sewell, NJ
Sunday, August 19, 2018	KT3 Racing Super Sprint	Sewell, NJ
Sunday, August 19, 2018	No practice for the Dev. and Comp. Groups	
Wednesday, August 22, 2018	5:30 PM Track Running Practice	Conestoga High School
Sunday, August 26, 2018	4:00 - 5:30 PM : Team End of Season Party	Valley Forge Park